



Scotts Primary School – PSHE/Online Safety/No Outsiders Curriculum Overview – 2025/2026

<p>How do the Early Learning Goals and Development Matters (2023) objectives link to the PSHE curriculum?</p>	<p style="text-align: center;"><u>EYFS Personal, Social and Emotional Development (Statutory)</u></p> <p><u>Personal, Social, Emotional Development:</u> Children in reception will be learning to:</p> <ul style="list-style-type: none"> • See themselves as a valuable individual. • Build constructive and respectful relationships. • Express their feelings and consider the feelings of others. • Show resilience and perseverance in the face of challenge. • Identify and moderate their own feelings socially and emotionally. • Think about the perspectives of others. • Manage their own needs, including personal hygiene. • Know and talk about the different factors that support their overall health and wellbeing.
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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p><u>PSHE</u> British Values Healthy Eating Physical Health and Fitness</p> <p><u>Online Safety:</u> Self-image & Identity</p> <p><u>No Outsiders:</u> Elmer</p>	<p><u>PSHE</u> Health and Prevention Drugs, Alcohol and Tobacco Respectful relationships Mental Health</p> <p><u>Online Safety:</u> Online Relationships</p> <p><u>No Outsiders:</u> Hair it's a family affair</p>	<p><u>PSHE</u> Achievements Respectful relationships Internet Safety and harms</p> <p><u>Online Safety:</u> Online reputation</p> <p><u>No Outsiders:</u> Want to play trucks</p>	<p><u>PSHE</u> Being safe</p> <p><u>Online Safety:</u> Online bullying</p> <p><u>No Outsiders:</u> Errol's Garden</p>	<p><u>PSHE</u> Caring relationships Families and people who care for me</p> <p><u>Online Safety:</u> Health, wellbeing & Lifestyles</p> <p><u>No Outsiders:</u> The Perfect Fit</p>	<p><u>PSHE</u> Families and people who care for me Respectful relationships</p> <p><u>Online Safety:</u> Privacy & Security</p> <p><u>No Outsiders:</u> My world your world</p>
Year 2	<p><u>PSHE</u> British values. Healthy eating. Physical health and fitness. Health and prevention.</p> <p><u>Online Safety:</u> Self image and identity</p> <p><u>No Outsiders:</u> All Are Welcome</p>	<p><u>PSHE</u> Drug, alcohol and tobacco. Respectful relationships. Basic first aid. Mental Health.</p> <p><u>Online Safety:</u> Online relationships</p> <p><u>No Outsiders:</u> Can I Join Your Club?</p>	<p><u>PSHE</u> Internet safety and harms. Online relationships.</p> <p><u>Online Safety:</u> Online reputation</p> <p><u>No Outsiders:</u> The Great Big Book of Families</p>	<p><u>PSHE</u> Respectful relationships. Being safe.</p> <p><u>Online Safety:</u> Online bullying</p> <p><u>No Outsiders:</u> How to be a Lion</p>	<p><u>PSHE</u> Caring friendships. Families and people who care for me.</p> <p><u>Online Safety:</u> Health wellbeing and lifestyle</p> <p><u>No Outsiders:</u> Super Duper You</p>	<p><u>PSHE</u> Respectful relationships. Mental Health.</p> <p><u>Online Safety:</u> Privacy and security</p> <p><u>No Outsiders:</u> Amazing</p>

Year 3	<p><u>PSHE</u> Health and Wellbeing</p> <p><u>Online Safety</u> Self-image and identity</p> <p><u>No outsiders</u> This is our house</p>	<p><u>PSHE</u> Health and prevention Drugs, alcohol and tobacco</p> <p>Respectful relationships Mental health</p> <p><u>Online Safety</u> Online relationships</p> <p><u>No outsiders</u> We're all wonders</p>	<p><u>PSHE</u> Living in the Wider World</p> <p><u>Online Safety</u> Online reputation</p> <p><u>No outsiders</u> The Hueys in the New Jumper – Olivia Jeffers (2012)</p>	<p><u>PSHE</u> Living in the Wider World Healthy Eating.</p> <p><u>Online Safety</u> Online bullying</p> <p><u>No outsiders</u> Beegu</p>	<p><u>PSHE</u> Relationships</p> <p><u>Online Safety</u> Health well-being & lifestyle</p> <p><u>No outsiders</u> The truth about old people</p>	<p><u>PSHE</u> Relationships Basic first aid</p> <p><u>Online Safety</u> security</p> <p><u>No outsiders</u> I am Nefertiti - AnneMarie Anang and Natelle Quek (2022)</p>
Year 4	<p><u>PSHE</u> Health & Wellbeing</p> <p><u>Online Safety</u> Self-image and identity.</p> <p><u>No Outsiders</u> Along Came a Different – Tom McLaughlin (2018) Acceptance</p>	<p><u>PSHE</u> Health & Wellbeing</p> <p><u>Online safety</u> Online Relationships.</p> <p><u>No Outsiders</u> Dogs Don't Do Ballet – Anna Kemp & Sarah Ogilvie (2010) Self Confidence</p>	<p><u>PSHE</u> Living In The Wider World</p> <p><u>Online safety</u> Online bullying</p> <p><u>No Outsiders</u> Red: A Crayon's Story – Michael Hall (2015) Self Confidence</p>	<p><u>PSHE</u> Living In The Wider World</p> <p><u>Online safety</u> Health wellbeing and lifestyle</p> <p><u>No Outsiders</u> When Sadness Comes to Call – Eva Eland (2019) Wellbeing</p>	<p><u>PSHE</u> Relationships</p> <p><u>Online safety</u> Privacy and security</p> <p><u>No Outsiders</u> My beautiful voice - Joseph Coelho & Allison Colpoys(2022)</p>	<p><u>PSHE</u> Relationships</p> <p><u>Online safety</u> managing online information.</p> <p><u>No Outsiders</u> Julian is a Mermaid – Jessica Love (2018) Acceptance</p>
Year 5	<p><u>PSHE:</u> Health and wellbeing</p> <p><u>Online safety:</u> Self Image and Identity</p> <p><u>No Outsiders:</u> Meanwhile Back on Earth - Oliver Jeffers (2022)</p>	<p><u>PSHE:</u> Health and wellbeing</p> <p><u>Online safety:</u> Online Relationships</p> <p><u>No Outsiders:</u> Kenny Lives with Erica and Martina – Olly Pike (2019)</p>	<p><u>PSHE:</u> Living in the wider world</p> <p><u>Online safety:</u> Online Reputation</p> <p><u>No Outsiders:</u> Mixed – Arree Chung (2018)</p>	<p><u>PSHE:</u> Living in the wider world</p> <p><u>Online safety:</u> Online Bullying</p> <p><u>No Outsiders:</u> And Tango Makes Three- Justin Richardson & Peter Parnell (2007)</p>	<p><u>PSHE:</u> Relationships</p> <p><u>Online safety:</u> Health Wellbeing and Lifestyle</p> <p><u>No Outsiders:</u> How to Heal a Broken Wing – Bob Graham (2008)</p>	<p><u>PSHE:</u> Relationships Sex Education</p> <p><u>Online safety:</u> Privacy and Security</p> <p><u>No Outsiders:</u> The Girls – Lauren Lee & Jenny Lovlie (2018) The Boys – Lauren Lee & Jenny Lovlie (2021)</p>



Year 6	<p><u>PSHE</u> Health and Wellbeing</p> <p><u>Online safety</u> Self image and identity</p> <p><u>No outsiders</u> Leaf - Sandra Dieckmann</p>	<p><u>PSHE</u> Health and Wellbeing</p> <p><u>Online safety</u> Online relationships</p> <p><u>No outsiders</u> The Only way is Badger - Stella J Jones & Carmen Saldana</p>	<p><u>PSHE</u> Living in the wider world</p> <p><u>Online safety</u> Online reputation</p> <p><u>No outsiders</u> Rose Blanche - Ian McEwan & Roberto Innocenti</p>	<p><u>PSHE</u> Living in the wider world</p> <p><u>Online safety</u> Online bullying</p> <p><u>No outsiders</u> Dreams of Freedom - Amnesty International</p>	<p><u>PSHE</u> Relationships</p> <p><u>Online safety</u> Health wellbeing & lifestyle</p> <p><u>No outsiders</u> King of the Sky - Nicola Davis</p>	<p><u>PSHE</u> Relationships Sex Education</p> <p><u>Online safety</u> Privacy and security</p> <p><u>No outsiders</u> The Island - Armin Greder</p>
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